WEARING OF FILTERING HALF MASKS

NOTE:
✓ Filtering half masks should only be used by people without hair on face!
✓ Scars or wearing glasses may cause the half mask to not fit properly!
✓ Wear gloves during or wash your hands after: each removal / wearing of the half mask and each fitting of the half mask during work!

1. If the half mask is foldable, unfold it
2. If the half mask has a nose clip, bend it in half on the thumb

3. Place the half mask on the hand so that the nose clip/nose seal is at the ends of the fingers
4. Put the half mask on your face (the head straps should hang freely from the front)

5. Put on the head straps:
   (1) cervical
   (2) occipital

6. Adjust/bind the head straps so that the half mask does not move and adheres tightly to the face
7. Make sure that no hair, jewellery or clothing gets between your face and the half mask
8. Re-check the position of the half mask on your face

9. If the half mask has a nose clip, adjust it to the nose to ensure a tight fit
GUIDELINES FOR PROPER FITTING OF FILTERING HALF MASKS

CHECKING THE TIGHTNESS OF FILTERING HALF MASK ADHESION

6. Cover the half mask with your hands and inhale quickly – the half mask should squeeze into your face or collapse slightly.
   - If you feel air flowing into the half mask in the nose area or at the edge of the nose - the half mask does not fit properly.
   - Perform the fitting again and repeat the test.

7. Press the half mask lightly into the face with your hands, covering as much of the mask as possible and exhale quickly.
   - If you feel the air flowing from underneath the half mask in the nose area or at the edge of the nose - the half mask does not fit properly.
   - Perform the fitting again and repeat the test.

NOTE: If the proper tightness has not been achieved the size or type (shape) of the half mask should be changed.

REMOVAL OF FILTERING HALF MASKS

8. Take off the head straps:
   - (1) occipital
   - (2) cervical
   - Do not touch the half mask with your hands.

9. Hand over the equipment for disposal in the way specified by the employer.